**CDNA TRAINING: SESSION PLAN**

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| **DATE: SESSION #: ABSENT:** |

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| **THEME/OBJECTIVES:** |

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| **ITEMS FOR DISCUSSION:** |

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| **WARM UP:** |

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| **ACTIVITY OUTLINE: Skills, Drills etc… COACHING POINTS:** |

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| **WARM DOWN:** |

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| **EVALUATION/OTHER COMMENTS/REMINDERS:** |